

Periodontal Health

*"Every time you smile at someone, it is an action of love, a gift to that person, a beautiful thing."
-Mother Theresa*

Periodontal Disease Symptoms:

- Bleeding Gums
- Red, swollen, & irritated gums
- Tender gums when touched
- Mouth Sores
- Loose Teeth
- Bad Breath
- Painful Chewing
- Sensitive Teeth
- Receding Gums

Periodontal Disease Causes:

- Lifestyle Issues
- Systemic Diseases/Disorders
- Genetics
- Lack of Professional Oral Care
- Poor Home Care
- Traumatic Occlusion

Periodontal Disease Treatment:

Once lost, the body does not grow bone or gum tissue. Protect it while you can:

- Control the infection
- Professional therapy removing infection
- Laser Treatment & Therapies
- Cleaning/Scaling
- Root Planning (Deep Cleaning)
- Antibiotic Oral Medication
- Ultrasonic Scaling
- Hydrogen Peroxide
- Prescription Fluoride Toothpaste
- MI Paste

How To Maintain Periodontal Health?

Professional Care: All patients with periodontal disease require cleanings frequently.

Home Care:

- Brush teeth twice daily
- Floss daily
- Use ultrasonic toothbrush
- Use prescription fluoride tooth paste/rinses
- Lower stress levels
- Lifestyle modifications

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"Protecting teeth from bacteria improves dental health for a lifetime."